

KECHANE APON

Nutritionist



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kechaneee

PROFILE

I am a goal oriented Nutritionist seasoned with knowledge of Food Science and Technology. Aims to build a collaborative, effective environment to implement nutrition knowledge and provide actionable programs to achieve targeted goal of the organization.

PROWES

MS Word

MS Powerpoint

CANVA

MS Teams

LANGUAGE

ENGLISH HINDI RENGMA

SKILLSET

Problem Solving

Creativity

Recipe development

Adaptability

Leadership

Meal planning

ACHIEVEMENTS

Volunteered as the core member of Dean student welfare MRIIRS.

Co-Founder of POSHAN TWIGS, Start-up organized by New-Gen IEDC,2023.

Participated in the National Conference on Plant-Based Food organized by ASSOCHAM,2023.

Participated in Research poster presentation on the 5th International Conference on Food and Nutrition organized by Universal Society of Food and Nutrition, 2022.

Participated in Poster making competition in Millet Fest,2022. Pioneer of Super Salad,2021.

Earned the RASHTRAPATI AWARD as the member of Bharat Scouts and Guides,2016.

RESEARCH AND DEVELOPMENT

Developed and analyzed the Active Packaging film produced from Sumac (*Rhus coriaria*) extract,2023

EDUCATION

Msc Nutrition and Dietetics specializing in Food Science and Technology (2021-2023)

Manav Rachna International Institute of Research and Studies, Faridabad.

Bsc Nutrition and Dietetics (2018-2021)
St. Mary's College, Shillong

St. John Hr. Secondary School PCB, Nagaland (2018)

Don Bosco Hr. Secondary School, Nagaland (2016)